



ENLIGHTENED LIVING FOR MOTHER EARTH

SHERRY BEALL: ON THE CUTTING EDGE EDUCATING & EMPOWERING GREEN

by Lynnda Pollio

It's not that Sherry Beall didn't already possess a strong connection to Mother Earth. She had spent much of her blustery childhood roaming through the Virginia woods, communing with the trees, birds and plants that graced the land. She had always felt at home there.

But her journey led her to Los Angeles where she became a successful actress and producer. Along the way, she also became a wife, and proud mother of Giovanni and Isabella. Nature still beckoned, but the louder voices of everyday life prevailed. She didn't yet hear that the earth was beginning to cry.

Sherry can't remember the exact moment that the land called her back. But when she finally began to hear its whispers, a sense of urgency took hold. She knew she had to do something to support the environment, not only for her own family, but also for the many generations of families that

would follow. Sherry was launched on a mission to give Mother Earth a voice.

In 2003, her first talk radio show was born. With Sherry as host & producer, A Right to Know®, educated listeners about the environment and empowered them to take action. Her most recent program, Healthy Planet, Healthy Me!, has become the #1 radio talk show in Los Angeles to focus solely on environmental and health issues. Her guests have included Gary Zukav, Lester Brown, Ed Begley, Jr. and Arrianna Huffington.

Having made her own home healthy and environmentally friendly, Sherry wanted to help others do the same. She created At Home Naturally, a web-based eco-store with the highest quality, organic, fair-trade made products for the home and family. She personally tests each product and chooses them based on what they do for both the health of the planet and the health of her customer.

photo by Richard Cartwright



Sherry's passion for the environment is reflected through her chanting practice.

Her practice is a dedication to the mystic law of cause and effect through sound vibration. She chants daily for the health and happiness of the planet and all of its inhabitants.

Through her radio show and website, Sherry is bringing sustainable living to consumers by reconnecting them to the earth, its beauty and integrity. Sherry says, "For all our searching in life, everything we need is right under our own feet. Life on this planet is the one thing that all of us share. And right now, every decision we make affects its future."

Healthy Planet. Healthy Me! can be heard every Friday from 2pm to 3pm on KPFK 90.7FM in Los Angeles and 98.7 in Santa Barbara, and is pod cast worldwide. A library of shows is available for free on the website. Topics range from personal health and environmental hazards; to eco-friendly, sustainable living; to Global Warming and environmental activism.

Sherry Beall is committed to bringing the cutting edge of the green, healthy movement to her listeners and customers. She can be reached at:
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At Home Naturally –
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photo courtesy of Sherry Beall

